Dear Readers,

This is a special issue of the European Health Psychology Society newsletter, published to mark several important dates and events for the Society. This year celebrations are in order, since we note the 20th volume of the EHPS journal, *Psychology and Health*, and we also launch the new review journal of EHPS, *The Health Psychology Review*. Events to mark these dates are planned during the 2005 Conference in Galway, Ireland.

To signal and reflect these developments, we are introducing the first issue of *The European Health Psychologist* and would like to draw your attention to its new and broader agenda. *The European Health Psychologist*, as the official newsletter and source of information for the European Health Psychology Society aims to move closer to its readers, reflecting the varied interests represented by the members of the EHPS. To fulfil these objectives the publication will include new contributions such as reflections on professional issues, dilemmas, research issues, current controversial topics in health psychology, and presentations of national events. We hope that the newsletter will continue to develop as a forum for interaction and dialogue between readers.

This first issue has some interesting features that will be maintained in the future. Key authors in Health Psychology have contributed to this number with position papers devoted to reflections on the challenges and important current issues in Health Psychology. The goal is to increase scientific excellence and to “set Psychology in motion”. A research letter has also been included. These new formats open the scope of the newsletter to a varied number of creative possibilities.

*The European Health Psychologist* will step on the traditions of the previous EHPS newsletters in offering timely and useful information about international developments in Health Psychology. The goal of *The European Health Psychologist* is to serve its readers, who are mainly psychologists working in the field of health, and therefore feedback, comments and contributions are greatly welcome.

A detailed mission statement of *The European Health Psychologist* can be found on www.ehps.net.

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