

Editorial

Pamela Rackow The EHPS is a society that is shaped by its members.
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Angela Rodrigues An example of this are the special interest groups (SIGs) organised
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by EHPS members and the various opportunities created for members to meet and learn from each other via Create and Synergy expert meetings. This current EHP issue is therefore devoted to showcase exactly this by highlighting the Open Science SIG and the Habit SIG as well as providing a reflection piece on last year's Synergy meeting about habits.

Emma Norris and Elaine Toomey are SIG Co-Chairs and introduce, on behalf of the SIG Committee, the Open Science in Health Psychology SIG. The authors report why open science in health psychology and in the current climate is so important. They describe how this SIG works and review this year's roundtable discussion. This SIGs future plans sound very exciting and it is therefore worth following them on twitter to stay up to date.

Benjamin Gardner, Phillippa Lally and Sarah Labudek introduce the new EHPS Habit SIG. Their article provides an excellent overview on habits research and their role in health psychology. This SIG has been officially launched in an online event during the EHPS Online Scientific Meeting in August 2020 and discussed challenges arising from the coronavirus pandemic for the development and application of habit theory. This piece also covers the aims of the Habit SIG and invites interested EHPS members to get in touch and to join this special interest group.

This EHP issue also features a complement reflection piece on the 2019 SYNERGY expert

meeting 2019 which was habit theory and application. In his reflection piece Dan Brown provides an overview about the Synergy expert meeting from last year's EHPS conference 2019 in Dubrovnik (Croatia): "Learning from the past: Establishing an agenda for habit research in health" facilitated by Benjamin Gardner and Phillippa Lally. The expert group has identified the lack of a unified theory in habit research as well as the lack of qualitative research as some of the main issues in the field. Dan acknowledges the opportunities for meeting experts in the field, being able to put a face to name and the constructive atmosphere and discussions during the expert meeting as extremely helpful for his work and this has motivated him to also participating in future events.

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