

## *Health Psychology in Member Countries*

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### **National Report for 2003-2004 from the Czech Republic**

#### *Background*

The Czech Section of Health Psychology is a scientific association organised as a part (one of sections) of the Czech Psychological Society. The Czech (former Czechoslovak) Section of Health Psychology was founded in 1988. The current board of the Section was elected in 2003, members are Vladimír Kebza (Praha, chair, EHPS delegate), Evžen Řehulka (Brno, deputy chair), Miluše Havlínová (Praha, 2<sup>nd</sup> deputy chair), Jaro Křivohlavý (Praha), Václav Břicháček (Praha), Václav Hošek (Praha), Jiří Mareš (Hradec Králové), Bohumil Koukola (Opava).

#### *Activities*

The members of the Section are in touch also through a health psychology e-mail network, which is a communication tool as well as a source of information. They meet regularly at the Annual Section Conferences held in Vernířovice (see below). The board members are also organizers of the mentioned Annual Section Conference in Vernířovice and participate in educational activities as university teachers.

#### *Education*

Training courses in health psychology are offered at two faculties of the Charles University in Prague: at the Faculty of Humanistic Studies (within the bachelor's programme of foundations of humanistic education), and at the Faculty of Philosophy, Dept. of Psychology (within the master's course of psychology). Several health psychology courses and lectures are offered at other Czech, Moravian, and Silesian Universities as well.

#### *Personalia*

Vladimír Kebza (National Institute of Public Health, Praha) was elected as the new chair of the Board of the Section, as well as the new EHPS delegate, within the new Section board elected in 2003.

#### *Conferences*

The Annual Conference of the Section held in Vernířovice is organized by the board of the Section (esp. by Bohumil Koukola, the main local organizer), usually in the second half of May. The programme consists of regular lectures, evening round table discussions, and workshops, implemented in a week-end period (Friday evening - Sunday afternoon), using two - three parallel sessions. About 80 - 100 participants from Bohemia, Moravia, Silesia, Slovakia and sometimes from Poland, Scotland etc. present at these conferences the interesting results of their work in the field of health psychology.

In Brno, Evžen Řehulka, the deputy chair of the board of the Section, and his wife organize conferences "Teachers and health" with active participation of many Section members. Some members also take part in the EHPS conferences.

*Publications in 2004*

Břicháček, V. et al.: Beginnings of learning. In: Dittrichová, J.: Child behaviour in early age. Praha, Grada 2004, 41-52 (in Czech).

Dittrichová, J., Břicháček, V. et al.: The structure of behaviour in early age children. In: Dittrichová, J.: Child behaviour in early age. Praha, Grada 2004, 53-62 (in Czech).

Kebza, V., Šolcová, I.: Socioeconomic inequalities in self-reported health: the follow-up study. Third International Conference of the International Society for Equity in Health, Durban, South Africa, June 10 - 12, 2004, Book of Abstracts p. 128.

Kebza, V., Šolcová, I.: Self-reported health, socioeconomic status, and inequalities in health. 18<sup>th</sup> Annual Conference of the European Health Psychology Society, Helsinki, Finland, June 21 - 24, 2004, abstract published in *Psychology & Health* 19, Suppl. June 2004, p. 94.

Kebza, V., Šolcová, I.: Communication and stress. Praha, National Institute of Public Health 2004 (in Czech).

Křivohlavý, J.: The positive psychology. Praha, Portál 2004 (in Czech).

Křivohlavý, J.: How to survive anger, rage, and aggression. Praha Grada 2004 (in Czech).

Křivohlavý, J.: About forgiveness with Jaro Křivohlavý. Kostelní Vydří, Karmelitánské nakladatelství 2004 (in Czech).

Křivohlavý, J., Pečenkova, J.: Mental hygiene of a nurse. Praha, Grada 2004 (in Czech).

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