# EUROPEAN HEALTH PSYCHOLOGY SOCIETY EMAIL NEWSLETTER – AUGUST 2000

#### PRESIDENT'S MESSAGE

Dear EHPS colleagues,

This Newsletter comes just before we travel to Leiden for the Society's 14<sup>th</sup> conference. There is a sense of history involved in this conference since Professor Stan Maes, this year's president, also hosted the first ever EHPS conference in 1986 at Tilberg, the Netherlands. We hope that many of you will be there to enjoy a stimulating programme urging us to work not just with data but also with 'Models of Health and Illness Behaviour'. This coming decade has been designated as the APA Decade of Behaviour so this is theme is also a fitting start to the millennium.

Regarding the work of the Executive in the last two years: much of the work of the Executive is in organising activities such as the annual conference. We have been making plans to centralise some of the activities so that we can continue to provide a high standard conference with consistency and efficiency from year to year across European locations. This will maintain quality while ensuring that locations without major infrastructural support can host conferences. We are also moving to this strategy as a form of ensuring funds for the Society as most of the fees (over 80%) are currently spent on the journal subscription. Financially this is not a realistic scenario in the medium-term for the Society.

I congratulate CREATE - our early career training group. They have organised a very well booked workshop near Leiden for the three days preceding this year's conference with over 40 students and early career health psychologists attending and then remaining for the main conference. Professors Marie Johnston (Scotland) and John Weinman (UK) will host the training workshop entitled 'Nothing is more practical than a good theory: explaining, testing and applying theories in health psychology'. Congratulations to Mike Echteld (Netherlands), David French (UK), Nadia Griva (UK), David Hevey (Ireland) and Efi Panagoupoulou (Netherlands) for their hard work on this most promising aspect of EHPS's work for the future of European health psychology.

In Leiden we will provide an updated EHPS flier which we hope you will take and use to promote the Society. We will also provide the first booklet summarising training activities in Health Psychology in Europe. This has been compiled by a survey of countries by Teresa McIntyre and will be an important first step in helping with the many queries about training opportunities.

If you will not be joining us in Leiden, now may be the time to plan for 2001. Arrangements are already well underway for the 15th Society conference to be held in St Andrews, Scotland on September 4-8th 2001. The theme will be 'Changing behaviour: health and healthcare'. If you are a keen golfer, you will have seen the beautiful location recently on TV! This will link EHPS with the British Society's Division of Health Psychology in a joint conference which is part of their celebration of 100 years of British Psychology in 2001. Again, remember Valentine's Day [February 14th] as the regular EHPS deadline to have your abstracts in for this event.

This is my last Newsletter as president of EHPS: the two-year period of this Executive have passed very quickly. You will see the names of the members of the incoming Executive Committee elsewhere in the Newsletter - some new names and places and some EC members who have already served the Society well. I wish them well in their endeavours in 2000-2002; particularly Ad Kaptein (Netherlands) as incoming president and Teresa Mendonca McIntyre (Portugal) as president elect. I also thank Paul Norman (UK) who has served 4 years as secretary, Ladislav Valach (Switzerland) - 4 years as membership officer and of course Ralf Schwarzer (Germany) who has been president. Ralf has overseen developments of the Society from a smaller conference to one now regularly reaching attendances of 500 and has single-handedly seen that we have a professional web base for EHPS. He now moves on to work as president-elect of the Health Psychology Division of the International Association of Applied Psychology. Our congratulations on this role to him. If you want an out-of-Europe conference, I'm sure Ralf would be delighted to tell you all about Singapore where the next IAAP conference is being held in July 2002!

Thank you for your support of EHPS in the past and we look forward to your ongoing association with the Society.

Slainte [' to your good health' ]

Hannah McGee President, EHPS August, 2000

## ELECTIONS TO THE EXECUTIVE COMMITTEE OF THE EHPS (2000-2002)

The term of the current Executive Committee will expire at the time of the Members' Meeting to be held during the EHPS conference in Leiden. A call for nominations for the new Executive Committee was circulated to members earlier this year. As the number of nominations received matched the number of vacancies, no election process was initiated with all the nominated members automatically becoming members of the incoming Executive Committee.

The make-up of the new Executive Committee of the EHPS (2000-2002) is as follows:

<u>President:</u> Ad Kaptein, Leiden (The Netherland) akaptein@pobox.leidenuniv.nl

<u>President Elect:</u> Teresa Mendonça McIntyre (Portugal) mcintyre@iep.uminho.pt

<u>Past President:</u> Hannah McGee (Ireland) hmcgee@rcsi.ie

Secretary: Adriana Baban (Romania) ababan@psiedu.ubbcluj.ro

Treasurer: Therése Van Elderen (The Netherlands) poppel@rulfsw.leidenuniv.nl

Membership Officer: Britta Renner (Germany) renner@mail.uni-greifswald.de

Ordinary Members: Maria Kopp (Hungary) kopmar@net.sote.hu

Stephen Sutton (UK) s.sutton@ucl.ac.uk

<u>CREATE Rep:</u> Michael Echteld (The Netherlands) michael.echteld@planet.nl

#### **NOTIFICATION OF EHPS MEMBERS' MEETING**

There will be an EHPS Members' Meeting at the Leiden Conference. This has been scheduled for **18.15 on Thursday 17<sup>th</sup> August, 2000**.

Officers' reports will be sent in separate email in the week before the conference.

Please make every effort to attend to meeting to discuss ways in which the society can move forward over the next few years.

### **INTERESTED IN HEART DISEASE?**

The Journal of Psychosomatic Research has published a special issue on Psychosomatic Research in Clinical Cardiology. Its volume 48,issue 5, April 2000. Visit the journal at <a href="https://www.elsevier.nl/locate/jnlnr/07550">www.elsevier.nl/locate/jnlnr/07550</a>

#### WEBMASTER AND MEMBERSHIP OFFICER CONTACT DETAILS

EHPS Webmaster: Steffen Taubert (Germany)

taubert@zedat.fu-berlin.de

Membership Officer's address: Dr Britta Renner

Universität Greifswald Institut für Psychologie Franz-Mehring-Str.47 D - 17487 Greifswald

Germany

Fax: +49 (3834) 863763

renner@mail.uni-greifswald.de