# ELECTRONIC NEWSLETTER

EUROPEAN HEALTH PSYCHOLOGY SOCIETY

Issue 1

March 2003

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President's Message

Dear EHPS Colleagues

With the election process completed on January 13, 2003, we now have a newly elected EC. I am very pleased with the make up of the EC in terms of geographical representation of all regions of Europe and would like to underline that for the first time in the history of EHPS, we have an Italian EC member. This diversity opens up opportunities for renewal and is auspicious in terms of future development of the EHPS.

As a result of the change in officers, especially the change in the Treasurer position from Holland to Germany, we are going through a complicated process of changing bank accounts and setting up a mini-office at the University of Greifswald. In this transition, we appreciate the understanding and support of our members in terms of possible delays in processing applications and membership fees, and apologize for any inconvenience that this may cause. Improving the quality and efficiency of our membership services is a priority for the new EC and we believe that these changes will contribute to this aim in the near future.

A highlight of this newsletter is the preparation for the Kos Conference in September. Tanya Anagnostopoulou has reported that she received many abstracts and is expecting to receive more by the May poster deadline. The scientific committee is now in the process of reviewing the abstracts and Stan Maes, our Liaison Officer, Tanya Anagnostopoulou, and myself, will be preparing the program in order to inform participants by mid April. CREATE is preparing an exciting workshop for young researchers, maintaining the record of quality training and pleasant interchange, which has been established in the past few years. This year we have a new initiative, which is complementary to CREATE, the SYNERGY workshop. This initiative is aimed at more advanced researchers who wish to work in depth on a shared research interest. A detailed description of these events can be found in this Newsletter. The upcoming conference and the quality initiatives that it offers, is a good opportunity to invite colleagues and students to get acquainted with EHPS by visiting our Web Page or sending them a copy of our Newsletter. I would like to especially invite our country national delegates to take the initiative of promoting EHPS in their home countries.

We are also pleased to announce that our 2004 conference will be hosted by the Department of Psychology at the University of Helsinki and that the local organizing committee is working hard to define the dates, topic and scientific committee. We are thankful for their commitment and enthusiasm.

As the EC sets up its agenda for the new mandate, it is extremely important to have feedback from members about their wishes and thoughts regarding the functioning and activities of the EHPS. I would like to invite all EHPS members to E-mail me, or other members of the EC, with their thoughts and comments.

Teresa McIntyre EHPS President

# **EHPS** Conferences

# The 17<sup>th</sup> Conference of The European Health Psychology Society

The preparations for the 2003 conference in Kos are well under way and the scientific as well as the social part of the conference look very exciting. We have received a very large number of abstracts, most of them on February 14. We apologize for any problems or delays in confirmation, which were due to the overloaded server. All researchers will be notified by April 15. The deadline for the submission of quick communications (posters) is May 31. We would like to urge researchers to submit their poster abstracts as early as possible. This way they ensure that they get through evaluation and meet the deadline for early registration, which is June 10.

# Keynote speakers (confirmed)

Janice Kiecolt-Glaser (US) "Love, marriage, stress hormones and wound healing: How close relationships influence health" Rosalind Barnett (US)

"Contextualizing the job stress-illness relationship: The role of family and community factors"

Bernard Rime (Belgium) "Social sharing of emotions, health and well-being"

John Weinman (UK) "Making sense of illness and treatment  $\Pi$  A self-regulatory approach"

Johan Mackenbach (Netherlands) "Social inequalities in health"

Greek speaker (to be announced)



September 24 – 27 2003

www.psychology-health.gr

Deadline for the submission of quick communications (posters): May 31

Deadline for early registration: June  $10^{th}$ , 2003

Conference President: Tanya Anagnostopoulou

If you have submitted an abstract but have not received a confirmation, please contact the Secretariat immediately.

# **EHPS WORKSHOPS**



running in parallel from 21st to 23rd September 2003, prior to its 17th annual conference.

SYNERGY is a subdivision of the EHPS and is holding its 1<sup>st</sup> annual workshop.

#### **RISK PERCEPTION AND RISK COMMUNICATION**

The SYNERGY annual three-day workshop is organised to provide an opportunity for synergistic discussion between health psychologists conducting research in core fields within health psychology. The focus is on advancing the standard of work within the field by pooling expertise and sharing critical evaluations. The aim would be to develop improved theoretical and methodological approaches, as well as practical applications in respect to the specific topic of the workshop. It is an opportunity for researchers to present their research for discussion in depth with other experts working in the same field in a friendly and relaxed atmosphere. By focusing on a core topic on which all participants have some expertise and have conducted research (published and unpublished), we would expect to reach a shared understanding of the strengths, weaknesses and opportunities in the area which would influence future research and application.

Facilitators will guide the work and support and moderate the discussion. Participants will have the opportunity to present a talk at the workshop. Subgroups will work on the upcoming themes in more detail.

The main aim of the workshop is to promote theoretical and methodological development in the field, and to stimulate networking and collaborative research between researchers from all over Europe in an informal and supportive atmosphere. In order to disseminate the newly gained insights to a broader audience, participants will be expected to present their ideas at a special symposium or a roundtable at the EHPS conference.

Participants need to become a member of the EHPS and therefore will also receive the benefits of EHPS membership.

In order to facilitate the discussion within the workshop, **each** participant is required to submit an abstract by May 31st, 2003. Participants will receive a notification of acceptance, the other participants' abstracts, and a programme outlining the themes by June 30, 2003. Those participants who wish to present a talk at the workshop should indicate this in the abstract.

#### COLLABORATION AND INNOVATION IN THEORY AND RESEARCH IN THE EUROPEAN HEALTH PSYCHOLOGY SOCIETY

SYNERGY

Facilitators:

Prof. Marie Johnston, St. Andrews University

Dr. Susan Michie, University College London

Prof. Stephen Sutton, University of Cambridge

For application, you can use the <u>online application form</u>.

The workshop fee is 150 Euro.

*Please note that the application deadline is May 31st 2003.* 

Further details of the SYNERGY workshop can be found by following this link: <u>www.ehps.net/synergy</u>

#### **CREATE 2003 workshop**

# 21<sup>st</sup> – 23<sup>rd</sup> September 2003, Kos, Greece

The EUROPEAN HEALTH PSYCHOLOGY SOCIETY is delighted to announce the CREATE workshop, running from 21st to 23rd September 2003, prior to its 17<sup>th</sup> annual conference.

CREATE is the early career subdivision of the European Health Psychology Society and is holding its 5th annual workshop. This year's CREATE workshop is aimed at increasing understanding of qualitative research, both methods and theories, and is facilitated by Dr Kerry Chamberlain, an expert in qualitative methods in health psychology from Massey University, New Zealand. This workshop is aimed at early career health psychologists who are current postgraduates studying for a PhD or are within 3 years of PhD qualification.

#### THE WORKSHOP AT A GLANCE

• What: Mind the gap: Understanding qualitative research in health psychology

- When:  $21^{st} 23^{rd}$  September 2003
- Where: The workshop will take place at Kipriotis Village Hotel, Kos

• Accommodation: Accommodation will NOT be provided at the location. Participants should either book a package trip with their local travel agents to stay at or near the Kipriotis Village Hotel (this hotel will also be hosting the EHPS conference 2003) OR indicate that they would like to be booked into a smaller, cheaper hotel by the CREATE team (see below).

• Food: Participants will provide their own food for main meals. Coffee and tea will be provided during the workshop days at suitable break times.

• How to apply: For application, you can use the form in this flier or download the application form at <u>www.ehps.net/create</u>

How much: the workshop fee is 80 Euro

#### MORE ABOUT CREATE

Collaborative Research And Training in the EHPS (CREATE) is a subdivision of the European Health Psychology Society (EHPS). CREATE provides further training and promotes collaboration among early career health psychologists. In addition, it has formed an international network of researchers who can provide support and expertise to other researchers. It is hoped that this international network can help researchers identify and discuss common research interests and concerns.

CREATE also has a member on the EHPS executive committee and thus will be better able to promote training issues for health psychologists. If you are interested in finding out more about CREATE then you can visit the CREATE website (www.ehps.net/create).

MIND THE GAP: Understanding qualitative research in health psychology



*Report on the Elections for the Executive Committee of the EHPS: 2002-2004* 

The election process for the members of the Executive Committee took place between November 2002 and January 2003, according to the following procedures:

A proposal outlining the procedure for election of the members of the EHPS executive committee 2002-2004 was sent by E-mail to all members and by express post to members not accessible by E-mail. As no major concerns were communicated by EHPS members, the Elections proceeded as proposed.

The Secretary sent out to members a Call for Nominations for all EC positions (President-elect and five members-at-large), except those of the President and the Past President. In accordance with Art. 20, only members who had been a member of the Society for 2 years could be elected as members of the EC. For each nomination, the Secretary received an e-mail or faxed written confirmation of the nominee name from 2 nominating EHPS members and an acceptance of nomination by the person being nominated.

One nomination was received for the position of president-elect, for Susan Michie (UK). Because there were more nominations than EC member positions, the election process for the EC members continued. Two scrutineers were nominated by the EC to open election post (this is usual practice at the Members' Meeting and is in accordance with Standing Orders 5). The EC proposed Dr. Jan Vinck and Dr. France Kittel as scrutineers for this election.

The voting form and member identification form, which contains member's name and address to confirm entitlement to vote were sent to EHPS members. In order to secure anonymity in voting and to allow election scrutineers to confirm that only members vote and that only one vote per member is counted, the two forms were entered in separate envelopes and marked "vote" and "member identification", respectively.

In the second stage of the elections, 38 votes were received from full EHPS members. Scrutineers communicated the votes to the EHPS Secretary. The election results were communicated to EHPS members by E-mail or post on 20 January, 2003. The results of the elections for the EC 2002-2004 were as follows: Susan Michie (UK), Britta Renner (Germany), Pilvikki Absetz (Finland), Irina Todorova (Bulgaria), Adriana (Baban Romania) and Ricci Bitti Pio Eurico (Italy) were elected.

Adriana Baban

EHPS Secretary



The full National Reports can be accessed from: http://www.ehps.net/count\_annrep.h tml



#### NATIONAL REPORT FOR 2001-2002 FROM THE NETHERLANDS

Highlights from the National Reports, 2002

At present, eight universities and the Open University offer master programs in psychology. Three universities and the Open University provide master-specialisations in health psychology. Four universities provide specialisations in clinical psychology, with possibilities for a further sub specialisation in health psychology. In September 2002, all universities will transform their programs into a new bachelor-master structure with three-year bachelor and one-year master programs.

In September 2002, a new bachelor programme in psychology will be started at the University of Twente. A one-year master program in health psychology is planned.

PhD-training in health psychology is offered by the Dutch Research Institute for Psychology & Health. This is an inter-university research and training institute. The Dutch universities of Utrecht, Leiden, Tilburg, Groningen, Amsterdam, the Free University Amsterdam, the Netherlands Institute of Primary Health Care and the Belgian, Flemish Universities of Ghent and Leuven are associated with the institute. Furthermore, researchers from the Universities of Maastricht and Twente and the Helen Dowling Institute are affiliated members. At present, the institute includes about 100 senior researchers and about 80 PhD students. About 25 new PhD projects were started in 2001.

The fourth Dutch Conference on Psychology and Health, organised by the Research Institute for Psychology & Health, was held at the Rolduc Conference Centre (a former monastery) in Kerkrade, May 13-15, 2002. Over 230 people from nine different countries all around the world participated. Professors Lisa Aspinwall, Sheldon Cohen, Jaap Koolhaas, Johannes Siegrist, and Ralf Schwarzer presented keynote lectures.

#### NATIONAL REPORT FOR 2001-2002 FROM IRELAND

In 2002 the Department of Health and Children, Ireland, published a new Health Strategy document *Quality and Fairness: A Health System For You.* It identifies goals to guide planning and activity in the health system over the next 7-10 years. Four principles guided the development of this strategy, *equity, peoplecenteredness, quality, and accountability.* Many of the objectives are of particular relevance and interest to health psychology professionals. For example, under *National Goal No.1: Better health for everyone,* an action plan for quality of life issues states that disease management protocols to promote integrated care planning and to support self-management of chronic disease will be developed.

Another objective states that 'the promotion of health and well-being is intensified'. One of the relevant plans here states that actions on major lifestyle factors targeted in the National Cancer, Cardiovascular and Health Promotion strategies will be enhanced. Smoking, alcohol use, diet and exercise are the major targets. Under *National goal No. 3 : Responsive and Appropriate Care Delivery*, an action plan involves the introduction of a standardised approach to measurement of patient satisfaction. Many such examples appear and it can be hoped, therefore, that the ongoing implementation of this broad health strategy will provide increased employment opportunities for trained health psychologists.

In Spring 2002, the Minister for Health and Children signed the Declaration for the *Employment of Psychologists in the Health Services*. This document officially refers to the employment of the category of clinical psychologist and community care psychologist in the Irish health services, the latter title now pertains to the areas of health, education and counselling psychology. This will allow for the advertisement of posts seeking candidates with a health psychology specialism.

The Special Interest Group in Health Psychology: Committee: AnnMarie Groarke (Chairperson), Anne Callanan (Secretary), Aoife Moran (Treasurer), Patricia White, Brian Hughes, Caroline Heary, David Hevey.

Over the past year the committee of the Special Interest Group in Health Psychology has been working to respond to a number of relevant professional policy issues and to raise the profile of health psychology in Ireland.

# NATIONAL REPORT FOR 2001-2002 FROM GREECE

Hellenic Institute of Psychology and Health

#### Overview

The field of health care in Greece is dominated by the biomedical model. Hospitals rely on the services of liaison psychiatrists to cover the psychological problems of the patients and there are few, if any, structured psychological interventions aimed at the rehabilitation of patients suffering from cardiac disease, cancer, pulmonary diseases, diabetes, etc. Health psychology courses are taught at the undergraduate level in the main Universities of Greece, and recently at the graduate level at the University of Athens (Professor Anastasia Kalantzi). The Hellenic Institute of Psychology and Health was founded in 2000 in order to promote clinical and research activities in the area of health psychology.

#### **Educational activities**

The Hellenic Institute of Psychology and Health organized the intensive summer course in Health Psychology for George Mason University, USA and Greek students at Gerakina Beach Hotel, May 25-June 2002.

#### **Research projects**

The Hellenic Institute of Psychology and Health organized a multi-center study involving 3 hospitals to investigate quality of life, coping strategies, and cognitive representations of illness in kidney dialysis patients and their spouses. Results will be presented at the 16<sup>th</sup> EHPS conference in Lisbon. We are also planning to participate in a cross-cultural study on infertility issues.



#### NATIONAL REPORT FOR 2001-2002 FROM ITALY

#### 1. National Association

SIPSA (Società Italiana di Psicologia della Salute, Italian Society of Health Psychology)

Number of members: 120

Form of communication: Periodical circular letters.

#### 2. Meetings, Seminars, Conferences

The most active groups organized several meetings on topic of interest for Health Psychology: i.e. Traffic safety and driving experience among young drivers (University of Bologna); Well being and aging (University of Florence) etc.

The SIPSA General Meeting is biennial; the last one took place in Orvieto (21-23 Sept. 2000); the next one will take place in Florence (18-20 Oct. 2002).

#### 3. Publications

"Psicologia della Salute" is the official journal of the SIPSA. Three issues per year are published; they include discussions, reviews, research reports, relevant experiences, etc. In the last few years several books concerning health psychology were published by Italian authors; also, English books concerning health psychology were translated in Italian.

#### 4. Post-graduate training in health psychology

At present three quadrennial post graduate training in health psychology (Scuola di Specializzazione) are offered at the University of Rome "La Sapienza", the University of Turin; the University of Bologna. Annual Masters Courses are offered by other universities.

#### 5. Health promotion programs

Many psychologists are at present involved in health promotion programs at local and national level: i.e. traffic safety and accident prevention; prevention of eating disorders; drinking and driving; cancer-related health behaviours etc.

#### NATIONAL REPORT FOR 2001-2002 FROM LITHUANIA

1. Lithuania's Society of Health Psychology was established and recently registered in the Lithuania Ministry of Justice in 2002.

2. Ministry of Health accomplished project to initiate licensing psychologists having master's degree and two years of work experience in accredited Health settings as medical psychologists.

3. In year 2002 eight psychologists graduated from Vytautas Magnus University after completion of Health Psychology program next to six psychologists who graduated in year 2001. The Primary Health Care Centre is one of the possible places to start their professional careers.

4. Psychological Clinic of Vytautas Magnus University joined WHO network of Global Youth Tobacco Survey in 2001 and completed investigation of students in grades 7-9 in random sample schools in Lithuania.





# Impressions From Previous Conferences

A healthy level of health psychology at the Psychological Society of Ireland Annual General Meeting

The  $33^{rd}$  annual conference of the Psychological Society of Ireland took place in Waterford,  $14^{th} - 17^{th}$  November, 2002. The conference programme illustrated both the high level of activity by health psychologists and the diversity of topics currently being researched in Ireland.

The response of the Special Interest Group to the Department of Health and Children's (2001) Health Strategy was the theme of a symposium entitled "Psychology and the Health Strategy: A healthy relationship?" This symposium, convened by Ann Callanan and chaired by David Hevey, considered how a number of psychological principles and constructs were integrated into the national Health Strategy. There was widespread agreement that in spite of the strategy incorporating many psychological components (e.g., quality of life) in its ethos, the actual specifics of implementing such principles remained to be clarified. The presenters outlined the relevant research on topics such as suicide prevention, behaviour change in chronic illnesses (CHD and diabetes), and assessment of the quality of healthcare services from a child-centred approach. The symposium concluded that health psychology has the potential to influence policy documents that impact on healthcare philosophy and delivery. In addition a number of other symposia addressed health psychology topics.

"Stress and blood pressure: A psychosomatic myth" was the title of a symposium convened by Brian Hughes and chaired by Elizabeth Gregg. The symposium covered methodological (a new method to assess avoidant personality), experimental (manipulation of self-esteem on stress-responses), applied (experimental study of the Job Strain model) and cardiovascular (haemodynamic profile) aspects of psychophysiology.

The main findings of the Sexual Abuse and Violence in Ireland (SAVI) project were presented in a symposium was convened and chaired by Hannah McGee. The prevalence of sexual abuse, the disclosure of incidents of sexual violence, psychological reactions to abuse and public attitudes concerning sexual violence were reported to a large audience.

Furthermore, a number of individual papers covered such topics as psychological consequences of traumatic amputation, psychological aspects of eating behaviour, neuropsychological functioning post CABG, social cognition predictors of dental floss use, well-being in cancer patients, psychological predictors of attendance at cervical screening programmes, patterns of drug use among undergraduate students. The number of health psychology presentations at PSI over the past few years highlights the dramatic growth of the field in Ireland. Indeed, it is based on this healthy level of growth, that the Special Interest Group in Health Psychology is now moving towards the establishment of a Health Psychology division within PSI.

David Hevey, Department of Psychology, <u>heveydt@tcd.ie</u> Trinity College Dublin, Dublin 2, Ireland.

### **Conference** Announcements

**Second French Health Psychology Conference Theories and Ways of Intervention in Health Psychology** 

> June 26-27 2003 University of Metz

We welcome submissions in any area of Health Psychology. In addition to individual papers and posters, we would like to encourage symposia, poster symposia, or other innovative methods of communicating about research, consultancy, teaching and professional practice in Health Psychology. The conference language is French. The formats for the main forms of submission are described in detail on the web sites:

<u>http://www.afpsa.fr</u> <u>http://www.afpsa.univ-savoie.fr/METZ2003.html</u>) For more information: <u>psysante@sha.univ-metz.fr</u>

> 8th European Congress of Psychology Federation of Professional Associations

> > July 6-11, 2003 Vienna, Austria

The Austrian Professional Association celebrates in 2003 its 50th Anniversary and joined EFPA to convene the 8th EFPA Congress, which centers on the relationship of Psychology to its neighbouring disciplines. Each topic is addressed by a specialist in Psychology and a colleague from another discipline. The chair of the scientific Commitee is Rudolf Schoberberger, who has been a EHPS member for many years.

#### **Keynote Speakers in Psychology**

Clinical Psychology: Beate Wimmer-Puchinge (Austria) Disaster Psychology: Jeffrey Mitchell (USA) Health Psychology: Arne Holte (Norway) Life Span: Rainer Silbereisen (Germany) Media Psychology: Peter Vitouch (Austria) Organizational Psychology: (Bernard Vilpert (Germany) Political Psychology: (Saths Cooper (South Africa) Psychotherapy: Jerome Leigh (USA)

February 15, 2003: Deadline for early registration. July 5, 2003: Deadline for late registration. Further information: <u>www.psycongress.at</u> Contact: Monika Glantschnig



#### Third Murdoch Symposium on Talk-in-Interaction: Talking Health 15-17 December 2003 Australia

Invited speakers this year include:

Celia Kitzinger University of York, UK) Sue Wilkinson (Simon Fraser University, British Columbia) Dorothy Smith (OISE, Toronto).



All workers in ethnomethodology, conversation analysis, discursive psychology, critical discourse analysis, sociolinguistics and related fields are invited to participate. Past symposia have attracted an international and diverse field.

Symposium issues include:

- The everyday business of health provision,
- administration and delivery.
- The training of health professionals.
- Sexuality and gender and their intersection with questions of health.
- The practices of treatment, diagnosis and problem negotiation.
- Face-to-face interaction in medical, community health and social care settings.
  - Health communications in textual or visual formats.
  - Health promotion and mental health.

The Third Symposium will be held at Murdoch's new Rockingham Campus, located on Cockburn Sound, 26 kms south of Perth. Some events will also be held in nearby Mandurah in the Peel Region, the gateway to popular tourist destinations in the South West of the State. The Symposium dinner will be held overlooking the Indian Ocean in Mandurah. The cost of the dinner is included in the conference fee (Aus\$99 full or Aus\$38.50 student). Affordable accommodation will be available at the main campus at Murdoch or in the local cosmopolitan centre in Fremantle. Postgraduate students presenting papers are exempt from the registration fee and a limited number of industry-sponsored scholarships to help postgraduate students with travel are also available. To register, e-mail Susan Hansen, conference coordinator:

shansen@central.murdoch.edu.au

Challenges for Quality of Life in the Contemporary World

Conference of the International Society for Quality-of-Life Studies (ISQOLS) Frankfurt/Main, Germany July 20-24, 2003.

The International Sociological Association Working Group on Social Indicators is organizing the ISQOLS conference on "Challenges for Quality of Life in the Contemporary World".

Ruut Veenhoven, WG06 Secretary Faculty of Social Sciences Erasmus University Rotterdam, POB 1738 3000DR, Rotterdam, Netherlands Tel: + 31-10-408-2102, Fax: +31-10-408-9098 <u>veenhoven@fsw.eur.nl</u> www.qualityoflife-2003.de

### "Beyond the Bounds of Biofeedback" The 34th Annual Meeting of the Association for Applied Psychophysiology and Biofeedback Jacksonville, Florida, US

The program emphasizes presentations on new applications and techniques including many which are central to clinical psychophysiology. The complete program and registration information is available at <u>www.aapb.org</u>

Come and hear an internationally known group of speakers: Herta Flor speaking on a new type of biofeedback for pain based on training two-point discrimination ability; Dick Gevirtz will speak on his recent work conditioning trigger point activity to decrease pain; Adam Clarke will tell us about his new work on QEEG studies with ADHD patients; Sharon Lewis will present on relationships between stress and immunosuppression; Peter Kaufman will tell us about ways to design randomized clinical trials involving behavioral interventions; Susan Middaugh will discuss her work on postural correlates of headache, arm, shoulder and upper back pain; Jeannette Tries will present her new data on pelvic floor norms and urinary incontinence; David Shapiro will discuss his seminal work on effects of mood, social stress, and coping styles on blood pressure in everyday life; Yuji Sasaki will discuss the multitude of international studies on autogenics, especially as related to respiration; James Gordon will discuss how well alternative medicine is being accepted by the government and the standard medical communities. The Distinguished Scientist Lecture, presented by Ed Blanchard, will offer new data on MVA and PTSD.

A plethora of symposia cover so many fascinating topics--alternative healing techniques, optimal performance, hypnosis, new psychophysiological measurement approaches, cross-cultural practices, heart rate variability, respiration, neurotherapy practice models. Papers and posters round out the offerings. Not only do we have plenty of full and half day workshops and short courses ready to provide you with ample time to learn specialized information, there are one and two day "Institutes" put on by the Neurofeedback and SEMG divisions which will bring you up to speed on advances in these areas. capabilities are literally exploding exponentially.

Richard A. Sherman 2003 Program Chair Paul Lehrer, President, AAPB

#### Annual Interpretative Phenomenological Analysis Conference –IPA June 23- 24, 2003

The 5th Annual IPA Conference will be at the University of Plymouth, UK, 23rd - 24th June 2003. It will include presentations of IPA as applied to research in Health Psychology.

For details and registration form, see IPA website: <u>http://www.psyc.bbk.ac.uk/ipa</u>



#### **STAR 2003**

#### Stress and Anxiety Research Society

24th International Conference 10-12th July 2003 Lisbon – Portugal

Local Organizer: Prof. Américo Baptista-Star 2003 <u>Universidade Lusófona</u> Campo Grande, 376 1749-024 Lisboa -PORTUGAL Phone: + 351 -217 515 500 Fax: +351 - 217 577 006 Email: <u>star2003lisboa@ulusofona.pt</u>



Self, Identity and Dementia Contemporary Research Perspectives in Psychology Monday 19 May 2003 Tavistock Centre, London UK

This one-day conference is jointly organized by the Tavistock Clinic, the Subdepartment of Clinical Health Psychology, University College London, and Camden and Islington Mental Health and Social Care Trust. The day will focus on research methodologies, which explore further the experiential world of the person with dementia. Different qualitative and observational methods will be described with an emphasis on the implication of research for thoughtful intervention in the field of dementia.

Further information: www.tavi-port.org The Conference and External Events Unit, Tavistock Centre, 120 Belsize Lane, London NW3 5BA Tel: 020 7447 3829 Fax: 020 7447 3837 Email: events@tavi-port.nhs.uk

The VIII European Conference on Traumatic Stress

Berlin, Germany from 22 - 25 May 2003

in cooperation with the German Speaking Society for Psychotraumatoloy (DeGPT) and the Catholic University of Applied Sciences Berlin.

Web address: http://www.trauma-conference-berlin.de

Summer Institutes



Application deadline: May 15<sup>th</sup>, 2003 Fulbright International Summer Institute (FISI) Bulgaria August 4- 23<sup>rd</sup>, 2003

The Fulbright International Summer Institute is a new interdisciplinary academic and cultural program of the Fulbright Commission in Bulgaria, which was first introduced in the summer of 2002. It offers two and three-week intensive courses taught in English in the following fields: social sciences, cultural studies, the humanities and the arts plus Bulgarian language classes on different levels, including beginners.

This summer a course will be taught on: Gender and Health:

Psychosocial aspects of Men's and Women's Health (Irina Todorova)

The courses at FISI are designed for international and Bulgarian graduate and undergraduate students, university faculty, teachers and professionals. Training will be conducted by Bulgarian and American professors, most of whom are Fulbright grantees or alumni. Along with academic study, FISI offers a rich cultural enrichment program and opportunities for intercultural communication and dialogue.

The FISI will be held from August 4 to August 23, 2003, in the beautiful mountain resort of Pamporovo located in the heart of the Rhodope Mountains, about a hundred miles southeast of the capital city of Sofia.

Bulgarian-American Fulbright Commission 17 Alexander Stamboliiski Blvd., Sofia 1000, Bulgaria www.fulbright-bg.org www.fisi-bg.com

> Second Annual Summer Institute Sexuality, Society, and Health San Francisco State University, US

Join scholars, researchers, community members, and health care providers who are redefining sexuality research in our time at the Second Annual Summer Institute on sexuality, society, and health.

The Summer Institute provides:

- \* six academic units in only four weeks
- \* 1 unit/3 CEUs for the Practitioner Training
- \* a variety of academic courses emphasizing sexuality research training;
- \* female sexuality; race; ethnicity and sexuality; and globalization and

San Francisco State University Campus, 1600 Holloway Ave. San Francisco, California. sexuality

\* one-week Practitioner Research Training Program designed specifically for professionals whose work requires them to obtain a deeper knowledge of sexuality, ethnicity, and health

\* special social events and receptions

\* a limited number of scholarships are available for eligible low-income students and practitioners. Scholarship applications will be mailed to you following your pre-registration.

Registration: pre-register NOW at <u>http://hmsx.sfsu.edu/summerinstitute/form.html</u>

#### Behavioral Medicine Interventions Summer Institute June 18-21, 2003

The Pittsburgh Mind-Body Center is sponsoring a Summer Institute on "Behavioral Medicine Interventions" to be held June 18-21, 2003 in Pittsburgh, PA. The institute will be directed toward an audience of professionals who have a <u>limited</u> background in health psychology and behavioral medicine. Lectures and workshops will be geared toward individuals at the postdoctoral fellow, resident and/or junior faculty level. Team applications from 2-3 researchers at the same or nearby institutions will be given special consideration.

Institute objectives are to: 1) provide a conceptual framework for behavioral medicine interventions to promote the ability to understand and evaluate behavioral medicine intervention research; 2) familiarize participants with behavioral medicine interventions and research in several content areas, [i.e., diabetes, cardiovascular disease, and cancer] that will serve as exemplars for behavioral medicine intervention research, in general; 3) provide participants with opportunities to discuss the development of research ideas and initial studies in areas of interest; and 4) familiarize participants with behavioral medicine funding options and various paths for career development.

The Institute Co-Directors are Thomas Kamarck and Marsha Marcus and other faculty include: Andrew Baum, Patricia Cluss, Karina Davidson, Linda Ewing, Ken Freedland, Heidi Hamann, Vicki Helgeson, John Jakacic, Melissa Kalarchian, Mary Lou Klem, Michele Levine, Anna Marsland, Paige McDonald, John Ruiz, Saul Shiffman, Delia Smith West, and Allan Zuckoff.

To learn more about the institute, please contact by E-mail one of the Institute Co-Directors: Dr. Thomas Kamarck (tkam@pitt.edu) or Dr. Marsha Marcus (marcusmd@msx.upmc.edu).

To apply, send a 2-page biosketch or curriculum vitae, a brief statement on why you want to attend, one letter of reference, and contact information to 1) Dr. Andrew Baum by fax (412-647-1936) or by an E-mail to his attention (visnichbl@msx.upmc.edu) *AND* 2) Lori Liller Arnold (arnoldla@msx.upmc.edu).



Application deadline: April 28, 2003.

Additional details about PMBC are available at <u>www.pghmbc.org</u>.

# Calls for Papers

#### Special Issue: Psychological Interventions in Chronic Illness

#### GUEST EDITORS: Keith J. Petrie and Tracey A. Revenson

Papers are invited for a special issue of *the Journal of Health Psychology* focusing on innovative psychological interventions in chronic physical illness. This issue is intended to feature reports from around the world on the application of psychological therapies to a variety of illness conditions. The interventions should be designed to improve patients' coping, functioning, health behaviours, or disease outcome, either by direct treatment of the person with the illness or by intervening within the family system, the patient-health care provider relationship, or the wider community. The issue is scheduled to appear in 2004.

For the purposes of the special issue we are defining psychological interventions broadly to include a wide range of treatment modalities, including individually-centered interventions (e.g., cognitive behavioural techniques), community based and social support interventions, as well as those aimed at chronic illness patients' interactions with health care services. Findings from clinical trials and multicomponent interventions are particularly welcome. The submission deadline is June 30 2003. Submissions should comply with the guidelines for authors for the Journal of Health Psychology.

Details can be found on the journal's website. <u>http://www.sagepub.co.uk/frame.html?http://www.sagepub.co.uk/journals/detail</u> <u>s/j0070.html</u>

**Call for Papers on Community-Based Participatory Research For a Theme Issue of the Journal of Interprofessional Care** 

> Co-Editors: Anna Aret Eno, Stacy L. Holmes and Sarena D. Seifer

In recent years, international organizations, funding agencies and researchers have called for a renewed focus on an approach to health research that recognizes the importance of social, political and economic systems to health behaviors and outcomes. Increasingly, however, attention is being paid to the contributions that community-based participatory research can make to new knowledge and to the translation of research findings into practice and policy. CBPR has been identified as a key strategy in efforts to reduce health disparities, whether they are based on race, ethnicity, age, sexual orientation, socioeconomic status, geography or other characteristics.

To learn more about the journal, see <a href="http://www.tandf.co.uk/journals/titles/13561820.html">http://www.tandf.co.uk/journals/titles/13561820.html</a>

Four copies of manuscripts sent electronically to: David F. Marks, Department of Psychology, City University, Northampton Square, London, UK EC1V OHB; email <u>D.Marks@city.ac.uk</u>.

Guest editors: Keith J. Petrie University of Auckland. Phone: 64-9-373-7599 E-mail: <u>kj.petrie@auckland.ac.nz</u> Tracey A. Revenson, City University of New York, Phone: 212-817-8709 E-mail: <u>trevenson@gc.cuny.edu</u>

Deadline for papers: September 1, 2003

*Anticipated publication date: Spring 2004* 

We seek only the following types of submissions for this theme issue:

(1) full-length manuscripts that present the methods and results of CBPR
(2) full-length manuscripts that present original research about the practice and policy of CBPR
(3) brief reports (up to 500 words) about CBPR projects in either of the two categories above that are being launched, in progress, or do not warrant a full-

Papers not selected for the theme issue may be considered for publication in another issue of the Journal. If you have any questions or comments, please feel free to contact any of the the issue co-editors: Anna Aret Eno Faculty of Science, University of Yaounde Yaounde, Cameroon Phone: (237) 777 01 25 Email: aeno@uvcdc.uninet.cm

Stacy L. Holmes Community-Campus Partnerships for Health Seattle, WA Phone: 206-543-7954 Email: <u>slholmes@u.washington.edu</u>

length manuscript.

Sarena D. Seifer Community-Campus Partnerships for Health University of Washington School of Public Health and Community Medicine Seattle, WA Phone: 206-616-4305 Email: <u>sarena@u.washington.edu</u>

# Family Based Interventions in Pediatric Psychology

The Journal of Pediatric Psychology will publish a special issue on family based interventions in pediatric psychology. Of particular interest are empirical papers that aim to effect children's health through improved family relationships, communication between health care providers and family members, and psychoeducational efforts that incorporate a family systems perspective. Preventive interventions as well as interventions that focus on disease management are welcome. Preference will be given to empirically based studies highlighting a particular intervention, however, integrative reviews will be considered. Manuscripts should be sent to:

Barbara Fiese, Ph.D., Guest Editor, Family Based Interventions in Pediatric Psychology, Journal of Pediatric Psychology, 19 Hagood Avenue, Suite 910, P.O. Box 250822, Charleston, S.C. 29425, US. Questions concerning the appropriateness of manuscripts may be sent to <u>bhfiese@psych.syr.edu</u>.



*Deadline for receiving manuscripts: October 15, 2003.* 

New Books

*The Psychological Impact Of War Trauma On Civilians: An International Perspective*, by Stanley Krippner & Teresa McIntyre (Eds.), Praeger, Westport, Connecticut, 2003, Psychological Dimensions to War and Peace Series, xiv+327 pages. ISBN: 0-275-97202-X

The wars of the past century have been marked by ever-increasing numbers of civilian casualties. Stevan Hobfoll, in his preface, stresses that this book presents a timely reflection upon the impact of war and extreme stress on civilian populations, and psychology's response to these issues. Contributors examined and developed interventions in locations including Africa, the Balkans, Afghanistan, Siberia, the Middle East and Southeast Asia. Cutting edge research on the psychosocial consequences of war is presented, analyzing the social, cultural and psychological processes involved in generating conflict and victimization.

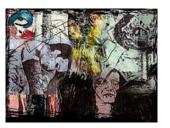
The book assumes a health psychology approach in addressing the psychosocial consequences of war on civilians, drawing from other disciplines in an integrative manner, such as cognitive psychology, clinical psychology, education and social psychology. A holistic model is considered key in addressing the complex nature of war stress and the overreaching quality of its consequences at the individual, social and community levels. Both risk and resilience factors are considered in the individual and community responses to war trauma. The book makes a statement that there is no individual health without social and community health, and that psychology in its different domains has a social responsibility in contributing to global health.

Part I - *Case studies and assessment*, presents a testimony of the psychological impact of war on civilians by reviewing several types of violence against civilians, such as indigenous colonization in Finland, the plight of women under the Taliban, civil war in Angola and Rwanda, and unification in Germany. These "case studies" provide a more personal encounter with the experience of civilian suffering, its personal and cultural meaning.

Part II - *Intervention and reconstruction*, includes nine chapters that describe varied and innovative approaches to address the psychosocial needs of civilians exposed to war stress. The programs described in this section are community-based approaches which address the psychosocial needs of individuals in their social context and which make use of all the social agents available.

Part III – *Prevention* focuses on detailing primary prevention approaches. The five chapters in this section tackle the difficult challenge of how to prevent war and conflict in the world and, specifically, in regions that are characterized by ethnic and religious diversity.

Part IV – *Integrative Summaries*, brings together in an integrative manner clinical, health, developmental, social and cultural views of war-related phenomena, providing a theoretical reflection upon the individual and collective motives that fuel war.



The Psychological Impact Of War Trauma On Civilians: An International Perspective

# Executive Committee of the EHPS (2002-2004)



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